

# Course Three: Level III—Tibetan Mastery

Level III is a journey inward – a journey into Self. This course takes you to a place of knowing...a place of power, will, intent, drama and mystery. You will open to an exalted sense of self-expression, passion, your destiny, and your connection to the creative forces of the universe. This position provides a platform to assess and offer energetic healing to others.

## Class One—5 hours **Mastery: Knowingness Beyond Language**

*“We understand why children are afraid of the darkness, but why are adults afraid of light?”* Plato

- Learn to access the tachyon field (universal power)
- Comprehend the effects of energetic influences on others
- Learn how to bring steadiness to groups of people and situations
- Practice 4 ancient techniques to discover the inner self and hold a spiritual focus
- Understand personal dynamics that interrupt attainment of manifestation
- Explore concepts that relate to Ascension



## Class Two—5 hours **Perspectives and Absolutes on the Path to Mastery**

*“Knowing others is intelligence. Knowing yourself is true wisdom...mastering yourself is true power.”* Lao-Tzu

- Learn powerful techniques for viewing the world from a position of power
- Achieve awareness of how “reality” is effected by self and others (collective consciousness)
- Access a powerful force that can affect personal blocks
- Learn how yin and yang principles effect the attainment of self mastery
- Comprehend the transformative quality of transitional (death) energy

## Class Three—5 hours **Fully Awakened to the Master’s Journey**

*“I simply believe that some part of the human Self...is not subject to the laws of time and space.”* Carl Jung

- Learn and apply the principles of manifestation
- Learn revolutionary techniques to manage internal negative thoughts
- Identify and eliminate blocks to your destiny
- Practice an advanced healing
- Learn to use Khundalini (life force) safely

## Class Four—5 hours **Opening to Infinite Power**

*“We struggle to find life outside ourselves, unaware that the life we are seeking is within.”* Kahil Ghilbran

- Understand the importance of active participation required in mastery positions
- Access a powerful energy to utilize for their physical youthfulness, health and emotional well being
- Learn how a master can illuminate and/or effect change with advanced movement of Chi/Ki/Qi
- Identify the responsibilities of walking the path of mastery

## Founded in 1986

Training in Power™ Academy courses were first introduced in 1986 by Faye Fitzgerald, a University of Western Ontario graduate, social worker and advocate for vulnerable clients. Faye's original intent was to assist those in the healing, health care and social services areas, who were suffering from stress, anxiety, depression, addictions and other debilitating effects. In response, she developed a course that was simply called "Level I". Today there are sixteen Levels of training; a host of life skill courses and workshops in specific areas of study; and a Master Warriors Program combining physical workouts and meditation. Visit [www.fayefitzgerald.com](http://www.fayefitzgerald.com) for more information about the Founder of Training in Power™.

## Heal the Self, Heal the World

By taking these courses, you join a community of dedicated healers and intuitives. We offer learning, self-discovery, and answers to all that may have seemed unanswerable in the past. The Training in Power™ community is a place to seek support, to offer support, and to honour your spirit.

## Why "train to your power"?

In our world, we are trained to focus only on what we can see with our eyes. We are often taught to ignore what we "see", "hear", "feel" and "know". Yet what goes on outside of us is determined by what goes on inside of us.

Training in Power™ invites you to become reacquainted with your own true nature as a being of both the physical (matter) and of energy (spirit) - an energy which can be transformed. With these courses, you will transform your life through applying the science of power and healing systems that will free you from unhealthy patterns and habits and bring you to a deeper sense of your true Self. Ultimately you learn how to have conscious choice in your life once more.

## Web Site Resources

### Frequently Asked Questions

[www.traininginpower.com/faq](http://www.traininginpower.com/faq)

### Testimonials

[www.traininginpower.com/testimonials](http://www.traininginpower.com/testimonials)

### Free Meditation

[www.traininginpower.com/freemeditation](http://www.traininginpower.com/freemeditation)

### Certificate Program

[www.traininginpower.com/certificate](http://www.traininginpower.com/certificate)

